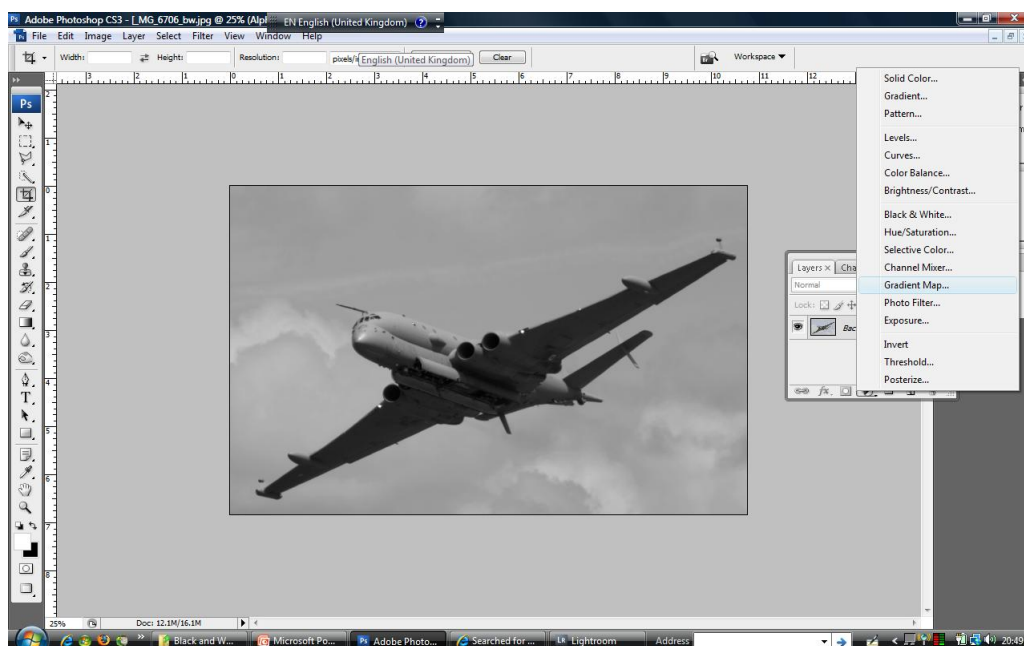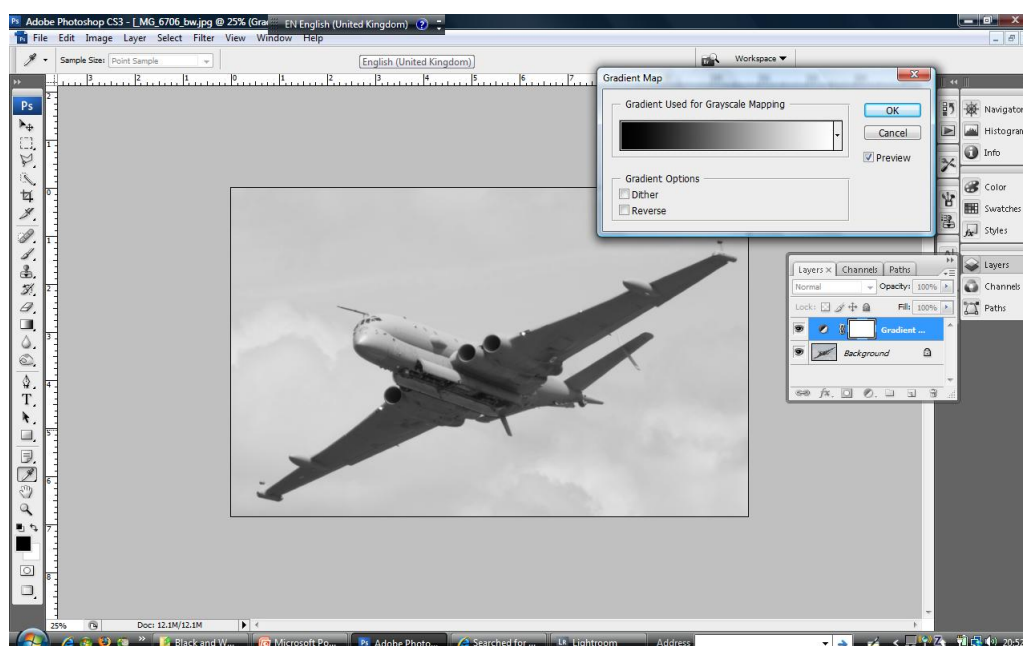# *Gradient Map Method*

Open image
Set foreground/background colours to default colours (black and white) by pressing 'D' on keyboard
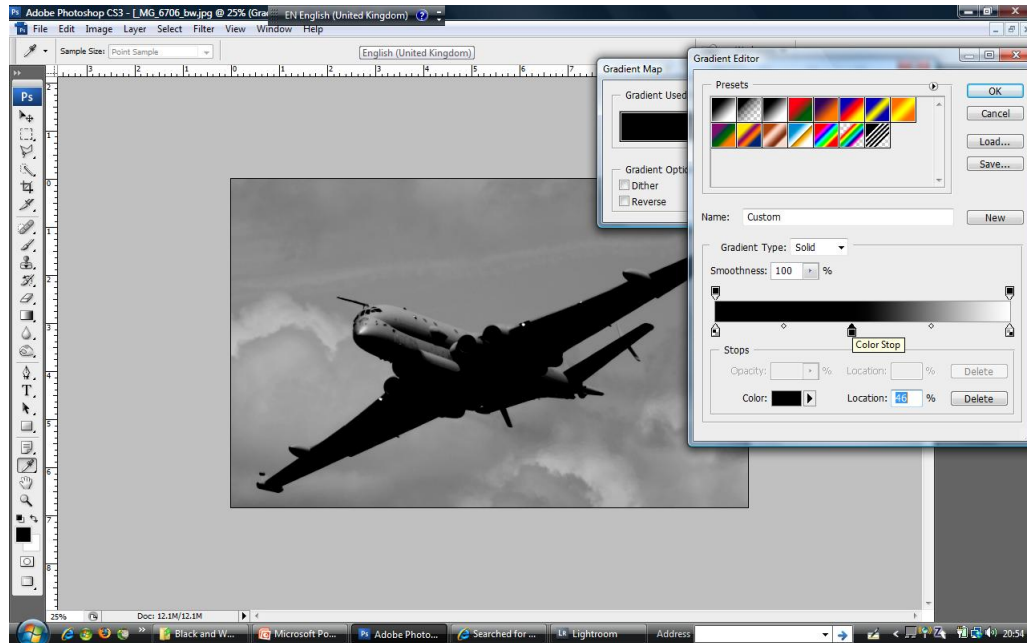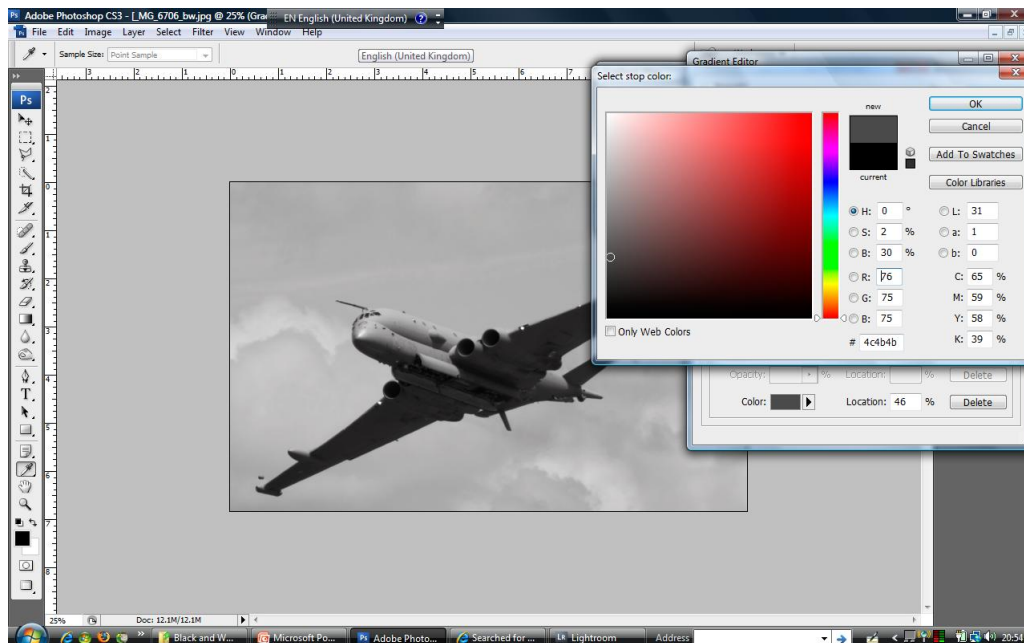*Select Gradient Map Adjustment Layer*

Ensure gradient is set black through to white

Double click on gradient to open dialogue box
Click beneath gradient at mid point to set new colour point

Click on the new colour point and select a suitable grey tone from the left side of the colour picker to adjust image tone.

Finally, adjust the position of the mid colour stop to fine tune the conversion.
Move the grey point to the right to darken the image or to the left to lighten the image.